



PHYSIOLATES



We are looking for a...

Physiotherapist



Job Description

Physiolates is part of the Tx Group: a growing private therapy company, providing a variety of health and education therapy services in the North West of England.

We strive to provide the best possible experience for our clients; through our specialist team members offering an exemplary clinical service, our support staff providing impeccable customer service and our organisation's overall dedication to providing the highest quality clinic facilities and resources.

Physiolates is a service designed and run by specialists who have a combined knowledge of Pilates and physiotherapy in practice and are able to utilise the therapeutic techniques of both disciplines to aid with the treatment of injuries or health conditions and enhance results for clients. The service offers individual and group classes specifically tailored for a variety of clients with a focus on clinical issues, sports specific, pregnancy and general well-being.

We are looking for a Pilates trained physiotherapist to join our expanding team.

The role will entail managing your own outpatient caseload within a mutually agreed physiotherapy specialism (treating either musculoskeletal or neurological conditions), as well as running Pilates classes on both an individual and group basis, ensuring programmes are developed according to the identified needs of clients. Non-clinical duties will include the provision of supervision to physiotherapy assistants and students and working with line managers to enhance development within the service.

This position would be ideal for a qualified physiotherapist who is interested in utilising their Pilates training to work as a Pilates instructor, Pilates teacher or an exercise instructor.

What does it take to be successful in this role?

To be successful in this role you would need to:

- Provide high quality and effective patient-centred treatment to all clients
- Ensure your approach is evidence based
- Have a strong passion for Pilates and physiotherapy
- Maintain and build on the client base for the service through providing positive experiences for clients
- Be empathetic and patient to allow people to maximise their potential
- Effectively manage and maintain a busy diary
- Act as a champion for Physiolates
- Stay true to the company values
- Provide an effective contribution to the development of junior team members and to the service as a whole.

Job Description

The Ideal Candidate

The successful applicant must meet the following requirements:

- Diploma/Degree/Masters degree in physiotherapy
- HCPC registered
- APPI trained
- Minimum of 1 year experience in Pilates

The ideal candidate will be a motivated and passionate individual, with a sound knowledge of Physiotherapy and a specific interest in physiotherapy and Pilates. They will possess high quality clinical skills, combined with excellent interpersonal and communication skills. They will be a confident and personable autonomous practitioner, demonstrating the ability to manage and prioritise their own workload accordingly.

Our ideal candidate will be committed to continuous professional development and demonstrate willingness to rise to new challenges. They will be a professional, hard working, reliable and honest individual, who holds the client at the centre of all they do. They will be focused on achieving the best results and creative and flexible in their approach.

A background image of a Pilates studio with several women performing exercises on mats. The image is overlaid with a semi-transparent blue filter. The text is centered and reads:

**PILATES
HELPS
DEVELOP A
STRONG
CENTRAL
CORE.**

Job Description

Title:	Physiotherapist
Salary:	Competitive
Location:	North-West
Hours:	Part-Time
Accountable To:	Senior Management

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Job Summary

The Pilates trained physiotherapist (Band 5) role will encompass the following duties:

- To work as an autonomous practitioner in providing successful Pilates classes with up to 10 clients in each session.
- Provide individual assessments to one-to-one clients on their muscle imbalance and devise a program that would be individual to them and their specific needs.
- To provide effective private sessions for individuals; this could be on a two-to-one or three-to-one basis.
- Assess and treat physiotherapy clients in an area in which you are qualified and happy to do so (musculoskeletal or neurological conditions).
- To work as an autonomous practitioner within an agreed specialism, providing physiotherapy assessments, treatments, and reports to self paying patients, insurance companies, businesses, consultants and intermediary companies.
- To liaise with other health care professionals, carers and relatives and to provide education and training as required.
- To provide supervision to physiotherapy assistants and students working within the company.
- To participate in continuous professional development activities and contribute to in-service training sessions.
- To assist the line managers with service development endeavours.



Job Summary

Responsibilities

Organisational Responsibilities

- Organising Pilates class plans and keeping them varied with different use of equipment to accommodate the individual's progression.
- Overseeing own personal clinical caseload and Pilates classes.
- To demonstrate effective time management and organisational skills during management of own workload and to be able to adapt to an unpredictable work pattern on a daily basis. This includes making patient appointments, coordinating with clinics, and liaising with other professionals for joint assessments and treatments.
- To ensure timely communication of assessment findings, treatment, outcomes.
- To keep accurate and up-to-date patient records, reports and statistics at all times in line with departmental professional and legal standards.
- To be responsible for complying with all mandatory training requirements.

Professional Responsibilities

- To comply with the Chartered Society of Physiotherapy codes of professional conduct at all times.
- To be responsible for personal continuous professional development by the use of self education, reflective practise, active participation in the in-service training programme and attendance at postgraduate courses as agreed in your personal development plan and to maintain a CPD portfolio.
- Where appropriate, participate in the appraisal system as appraisee, and intermittently an appraiser and be responsible for fulfilling agreed objectives and personal development plan.

Development and Service Improvement Responsibilities

- To have an active role in the planning, development, coordination and delivery and evaluation of the Pilates service to patients.
- To advise clinical lead on issues of service delivery.
- To be responsible for the implementation of clinical policies and protocols.
- To make recommendations for, and lead service development and improvements.
- To be responsible for ensuring a high level of quality assurance over all clinical services.

Job Summary



Financial Responsibilities

- As appropriate assess and identify new equipment to a client's clinical need. This may be privately funded or through requests to other agencies.
- To be aware of the funding arrangements of all patients.
- If appropriate be aware of the limits / restrictions on funding from third parties
- Where appropriate liaise with third parties.
- If needed, ensure you get the best price for any products/services purchased.
- For above point, ensure all receipts are kept (paper or email).

Team Member Responsibilities

- Ensure through regular communication with team that the required skills and knowledge to meet the needs required of the role are updated and developed maintaining quality of all staff.
- Work well with all team members.
- Assist with the development of other team members as required.
- Actively participate as a member of the team to ensure the team moves towards the completion of the goals.
- Actively contribute to the work of the clinical team, promote the standards of care expected and create energy and enthusiasm for the service.

Teaching, Training and Professional Development Responsibilities

- To participate in the teaching and training of staff and other professionals as agreed.
- To develop a Clinical Professional Development Portfolio and a Personal Development Plan, according to professional standards, that documents the progress of gaining knowledge in areas of clinical expertise required for improving standards for self and service.
- To be able to demonstrate own clinical skills to a range of personnel including clients, carers, professional colleagues and other agencies.
- Recognise own development needs and identify in conjunction with how these can be met.

How to apply:

To apply, please send your CV and any covering information to careers@sltforkids.co.uk

A group of people in a gym setting, with a person in the foreground holding a smartphone. The background shows other people in various poses, suggesting a fitness or wellness environment. The text is overlaid on this background.

**WE BELIEVE
IN ALWAYS
PUTTING THE
NEEDS OF
OUR CLIENTS
FIRST.**



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